

American Bowen Academy

Continuing Education Presentation Outline

Bowen Therapy for Small Animals,

Level 1

"We can judge the heart of a man by his treatment of animals." Immanual Kant

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Presentation Hours/CE Credits: 16

Cost: \$430 if paid 22 days in advance, \$460 after

Pre-requisites: Completion of Module 4 of human Bowen, Must check the laws of the state you reside in to see if you are legally able to perform body work on animals.

I. Rationale:

Practitioners who complete "Bowen Therapy for Small Animals, Level 1" will open up a whole new field of clients, both human and animal. Practitioners will have the opportunity to not only help their human clients, they will also be enabled to help their human clients' animal friends, creating more awareness of Bowen Therapy in the United States and in the Pet Industry. Bowen Therapy for Small Animals, Level 1, is simply the Bowen we have learned through the American Bowen Academy applied to the anatomy of small animals.

II. Presentation Aims and Outcomes:

Aims

After learning "Bowen Therapy for Small Animals, Level 1", the practitioner will immediately be able to implement animals into their Bowen practice. Practitioners will be able to market to a whole new clientele, thus growing their client base and having the reward of helping animals.

Specific Learning Outcomes:

By the end of this presentation, participants will:

Learn how to apply Bowen procedures correctly, to the correct anatomical areas on small animals. Learn how to identify small animal anatomy and the different ways to apply the Bowen Technique to different types of small animals. Learn how to safely handle small animals in a clinic setting.

III. Presentation Requirements:

IV. Students will be required to use the "Bowen Therapy for Small Animals, Level 1" Workbook along with any required Anatomy books to learn the correct anatomical procedure placements. Students will follow along with a Power Point Presentation, and watch videos. Students will work hands on with various small animals as they learn.

V. Additional Resource Readings.

Dog Anatomy, A Pictorial Approach to Canine Structure.

VI. Time Allocation:

Continuing Education (CE) Presentation Outline Example: Module 1 (Replace times/hours/topic, etc.)

- One CE Point = 1 hour of active instruction/learning
- All_columns must be filled in
- 15 mins = .25 point; 30 mins = .5 point; 45 mins = .75 point; 60 mins = 1 point
- List lunch and break. Remember, CE points are **not** issued for these times. Clearly mark different days of multiple-day presentation.
- For a live presentation, teleseminar or webinar CE points are determined by listing the teaching methods (i.e., lecture, demonstration, supervised practice, group discussion, etc.) and then calculating the time it takes to present the topic.
- For a distance learning or online program CE points are determined by listing the student's learning activity (i.e., watching a DVD, reading, writing, etc.) and then calculating the time it takes the student to complete all of the activities.

| Begin to End Time Day 1: | CE Points | Topic – Content Outline | Teaching Method Learning Activity |
|-----------------------------|--------------|---|---|
| 8:30 – 10:30 | 2 | Introduction and presentation overview | Lecture |
| 10:30 – 11am | 0.5 | Demonstration of basic Bowenwork moves | Demonstration/practice |
| 11:am – 11:10 | | Break | |
| 11:15 – 12:15pm | 1 | Learning Small Animal Anatomy | Workbook/Lecture |
| 12:15 – 1:15pm | | Break | |
| 2:15pm – 3:15pm | 1 | Demonstration of moves on Lower Back | Demonstration/practice |
| 3:15pm – 3:25pm | | Break | |
| 3:25pm – 4:55pm | 1.5 | Demonstration of moves on Upper Back | Demonstration/practice |
| 4:25pm – 5:25pm | 1 | Demonstration of Neck Moves | Demonstration/Practice Demonstration/Lecture |
| Total: | 8 | | Demonstration/Leotare |
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| Begin to End Time Day 2: | CE Points | Topic – Content Outline | Teaching Method Learning Activity |
|-----------------------------|--------------|--|--------------------------------------|
| 8:30am – 10:00am | 1.5 | Demonstration and Review of Basic Small Animal Bowen Procedures | Demonstration/practice |
| 10:00 – 11:00am | 1 | Anatomy Workbook Review | Workbook/Lecture |
| 11:00am – 11:10am | | Break | |
| 11:10am – 1:00pm | 1.75 | Demonstration of combined procedures | Demonstration/practice |
| 1:00pm – 2:00pm | | Break | |
| 2:00pm – 3:00pm | 1 | Demonstration of Kidney procedure | Demonstration/practice |
| 3:00pm -4:00pm | 1 | Demonstration of Respiratory/Digest | Demonstration/Practice |
| 4:00pm – 4:15pm | | Break | |
| 4:15pm – 4:45pm | .75 | Discussion about state legalities and | Lecture/Discussion |
| 4:45pm – 5:45pm | 1 | Review of all procedures, and discussion for integrating small animals into Bowen Practice. | Lecture |
| Total: | 8 | | |