

## BECOMING AN AMERICAN BOWEN ACADEMY INSTRUCTOR

### Overview:

Band One instructors are authorized to teach Modules 1 – 6. The Band One Instructor Training program, consists of an average of six days of preliminary training and a minimum of 12 days of practicum as a teaching assistant. It can be completed in as little as one year, but more often takes a year and a half to two years.

### The Application Process:

Applications to the Band One Instructor Training, along with supporting documentation, are reviewed on an individual basis by American Bowen Academy's Senior Faculty, in order to make sure that candidates meet all of the following criteria for acceptance into the program:

- Current standing with American Bowen Academy (32 hours of continuing education each two years; reduced after 10 years of continual standing to 32 hours each four years) plus current CPR certificate
- Having the right to practice Bowenwork legally in the state in which you plan to teach, by virtue of one of the following:
  - a. Being licensed in a field such as massage therapy, physical therapy, nursing, medicine
  - b. The absence of bodywork laws in the state
  - c. Bowenwork being exempted from the state's massage laws
  - d. Possessing a legitimate business license in your municipality that contains the word "Bowen" or "Bowenwork"
- Maintenance of a Bowenwork practice of at least 20 clients per month
- Current liability insurance
- Completion of the four-day Associate Instructor training course
- Experience teaching the Introductory course, *Bowenwork - Wellness in Your Hands*, to a minimum of 20 students
- Understanding and promoting American Bowen Academy's values and code of ethics

### The Training:

Phase 1: The American Bowen Academy Instructor training course. The training course, averaging six days (the length will depend upon class size), prepares you to become a teaching assistant. The format is similar to that of the Associate Instructor course, consisting of a combination of guidance and role-playing for teaching the hands-on work. In addition, the training covers:

- How to assess students' hands-on work and complete their individual "progress grids" for each module beginning with Module 3
- How to give feedback on students' case studies
- How to complete all the class paperwork to be submitted to the Academy

Phase 2: The training practicum. During practicum, you will co-teach Modules 1 – 6 as a teaching assistant, along with a mentor who is a senior instructor.

- To cover the mentor's travel costs, you will need to recruit a minimum of six students per module.
- For classes with more than six students, your mentor will share the additional tuition income with you.
- At the discretion of your mentor, you may be allowed to recruit and teach additional module classes during this period, under his/her telephone/Skype supervision.

Additional requirements before a Band One Instructor contract can be offered by the Academy:

- Completing Module 12
- Obtaining your "Professional Bowenwork Practitioner – 500-hour" certificate

Requirements for maintaining Band One Instructor status:

- Teaching a minimum of 12 module-students per year
- Attending the yearly Instructor meeting. the location of which varies from year to year