

American Bowen Academy

Kinesiology Taping and Bowenwork

Price: \$395.00 + book and manual fee of \$40.00

Prerequisite: All registered Bowtech learners and open to non-Bowtech registered learners for an additional fee of \$75.00.

CEs:16

This continuing education class meets the Academy requirements pertaining to the review of the Module 1-6 work and teaches the application of muscle-taping techniques to assist the Bowenwork client to return to function.

Learn how to facilitate recovery from injury and to support movement with activity, athletics and work ability. Principles of taping applications for common and persisting disorders will be taught and practiced in this lab-intensive course.

Tape in this course is sponsored by Rocktape. Students will be eligible for seminar discount pricing of Rocktape, following completion of this class.

Participants should bring a pair of scissors and a small spray bottle filled with rubbing alcohol to class.

Course Objectives:

Upon completion of this course, learners will demonstrate competence in:

- Describing the properties and benefits of muscle taping.
- Understanding the safety parameters associated with taping and grading taping based on clients' response to Bowenwork and healing progression.
- Demonstrating proficiency in selecting and applying all taping techniques learned in class.

For information on classes please contact Abby LaRock at 603-315-3438 or e-mail rock.ot@comcast.net

About the Instructor:

Abby LaRock, a senior faculty member of American Bowen Academy, has practiced Occupational Therapy for 38 years and has successfully integrated Bowenwork into her practice for the past 10 years.

A 2013 graduate of the New England School of Homeopathy, Abby has expanded her skill set and clinical practice with Homeopathy.

Abby has worked with infants through adults and developmental, neurological and orthopedic populations throughout her career, successfully utilizing Bowenwork with all populations. Abby also works with Animals.

Abby practices at the Veterans Administration Hospital in Manchester NH and has introduced Bowenwork into the VA system through trainings. Currently, Abby is working with the Physical

Medicine department at the VA to begin the first phase of Bowenwork research with a clinical improvement project on TBI, Neck and Back pain.

Abby LaRock is a past President and Director of the American Bowen Academy. In addition to her work at the VA, Abby maintains a busy private practice and teaches Bowenwork Module Curriculum 1-10. Abby shares her clinical Bowenwork expertise and personal application of the work in her classes.